



## **Fondazione Diocesana Caritas Trieste**

Fondazione Diocesana Caritas Trieste onlus (FCT) was founded in 2010 as support to Caritas Diocesana di Trieste to provide its services and so it inherits a history started in 1982. Fondazione Caritas Trieste works in the social field in the Trieste province area (231.677 inhabitants in 2013) with a particular focus on poverty reduction and social inclusion, referring to studies, training, projects and services. In particular the foundation has a solid voluntary base, in fact the organisation employees approximately 50 social workers and 200 volunteers. FCT delivers education, orientation and counselling in centres for families and parents in need, psycho-social consultancy, refectories, houses for homeless, mothers with children or people in need, surgery services, Italian courses for foreigners, training for social workers and volunteers etc.

Fondazione Caritas Trieste usually works in cooperation and partnership with local and regional public administrations for promoting and running projects and services. The experiences in different project fields are concerning national programmes for migrants and integration of refugees, social inclusion of disadvantaged people (mothers with children, alcohol addicted, etc.) or funding by the European Social Fund or LLP for social workers training (in partnership with a regional training agency.)

In the field of family and child poverty, FCT acquired competences in social inclusion of mothers with children through houses of care, training and advocacy within a network of associations working together on the rights of children and families.

From 2005, before as Caritas Diocesana and after as FCT, we started a partnership with Centro di Formazione Professione Opera Villaggio del Fanciullo within the framework of an ESF project which promotes job qualifications and/or placement or replacement of disadvantaged people, asylum seekers and refugees.

In 2008, FCT started to cooperate with IRSSeS (Istituto Regionale di Studi di Servizio Sociale) in the European Social Fund offering social workers training on minimum proficiency level and supportive relationship. We also developed with IRSSeS a training for chief officers of our FCT departments helping to increase proficiency in services delivery.

From 2008 we cooperate with Regione Autonoma Friuli Venezia Giulia in a regional observatory on poverty and social exclusion. In particular in 2012 we started a study on quality standards in Caritas counselling centres and in 2014 we are working on observing of networks and cooperation between public institutions and NGOs in social interventions with the aim to analyse their proficiency,

effectiveness and efficiency. FCT was partner in three European projects with the double focus on training of social workers and volunteers and service assessment.

In 2010 we participated in two years a Grundtvig project, named "Family affairs" – Family education and policy in Europe" which was dealing with family policy monitoring in European welfare systems, exchange of good practices and assessment of quality standards in family support services across Europe. In 2012 we were hosting partners in a Leonardo project "You 2 can make a difference" from Caritas Malta in order to promote proficiency of volunteers work in Caritas organisations.

Project staff are social workers who have degrees in social studies, psychologists, sociology, etc.

[www.caritastrieste.it](http://www.caritastrieste.it)