

### What has Erasmus+ enable us to do?

- We combined in our organization, Social service of catholic women Langenfeld (umbrella organization DiCV Cologne) Erasmus+ with the aims of our project "Open Doors".
- Volunteers support disadvantaged families on a mostly very lowthreshold way.
- Tandems are formed: Volunteers and families are brought together. The "matching" is as precise as possible and is professionally accompanied by an experienced socialworker



What have we done in the project during Erasmus+?

Cooking courses – healthy and inexpensive

The participants learned tricks and cooked healthy meals, which they then ate together. We offered courses with different aims.

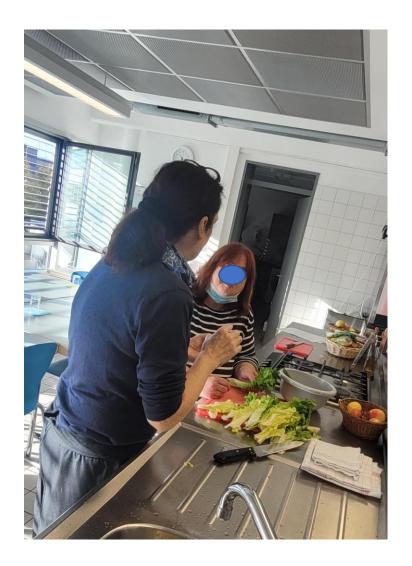
Creating a common picture to be a part of society

People must be able to participate in society to develop as a human being. This was the basic idea for approaching the topic and creating a common picture. The picture became part of a calendar that was printed and presented on the World Day of the poor on 13.11.2022 in the "Cathedral Forum" in Cologne.

Mothers' meeting

Single mothers, meet to discuss their interests, wishes and needs. Here the mothers have the opportunity to make contacts.











What did we learn as an expert and what as an organisation?

 The visits / presentation for example PIPPI in Trieste, Italy, were worthful for the work in our organisation. To transfer the knowledge and the experience of this projekts in our organisation was very helpful.



What where the highlights or what impressed you most during our project work?

- Impressive were always the visits in projects in the different countries.
- Interesting and worthful were the presentation of the projects from the different partners.
- We learned so much from each other. It has been so worthful to get an insight into the work of other organisations